

Mount Union JR/SR High- April 2024



Monday	Tuesday	Wednesday	Thursday	Friday
4/1/24	4/2/24	4/3/24	4/4/24	4/5/24
	Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf	Breakfast Burrito or Assorted Cereals or Cereal Bar with mini loaf	Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf	Pancakes with links or Assorted Cereals or Cereal Bar with mini loaf
	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
4/8/24	4/9/24	4/10/24	4/11/24	4/12/24
Donuts or Assorted Cereals or Cereal Bar with mini loaf	Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf	Loaded Bagels or Assorted Cereals or Cereal Bar with mini loaf	Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf	Apple Strudels or Assorted Cereals or Cereal Bar with mini loaf
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
4/15/24	4/16/24	4/17/24	4/18/24	4/19/24
Ham & Cheesy Eggs or Assorted Cereals or Cereal Bar with mini loaf	Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf	French Toast Sticks or Assorted Cereals or Cereal Bar with mini loaf	Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf	Donuts or Assorted Cereals or Cereal Bar with mini loaf
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
4/22/24	4/23/24	4/24/24	4/25/24	4/26/24
Pancake on a stick or Assorted Cereals or Cereal Bar with mini loaf	Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf	Pancakes & Sausage Links or Assorted Cereals or Cereal Bar with mini loaf	Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf	Blueberry Muffins or Assorted Cereals or Cereal Bar with mini loaf
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
4/29/24	4/30/24	5/1/24	5/2/24	5/3/24
Chocolate Chip French Toast or Assorted Cereals or Cereal Bar with mini loaf	Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf	Cinnamon Rolls or Assorted Cereals or Cereal Bar with mini loaf	Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf	Funnel Cake or Assorted Cereals or Cereal Bar with mini loaf
Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk

What is a Meal?
 You must choose at least 3 of the 4 components available for the school breakfast price.
Choice of: Grain or grain/protein
Choice of fruit or vegetable (must take at least a 1/2 cup) and
Choice of Milk
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry
 You must take at least 1/2 cup of fruit or vegetable

Whole Grain Cereal Selection May Include:
 Cinnamon Toast Crunch
 Trix
 Cocoa Puffs
 Fruity Cheerios
 Rice Crunch
 Kix
 Cheerios
 Fruit Loops
 Frosted Flakes
 Served with Toast

Fruit May Include:
 Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

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USDA is an equal opportunity provider and employer.

ALL STUDENT BREAKFASTS ARE FREE!! Adult Breakfast \$2.35