

# Mount Union Elementary- April 2024



Monday	Tuesday	Wednesday	Thursday	Friday
<b>4/1/24</b>	<b>4/2/24</b>	<b>4/3/24</b>	<b>4/4/24</b>	<b>4/5/24</b>
Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Pizza or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Sandwich or Assorted Cereals or Cereal Bar with Toast  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Funnel Cake or Assorted Cereals or Cereal Bar with Toast  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Pancake & Sausage on a Stick or Assorted Cereals or Cereal Bar with Toast  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
<b>4/8/24</b>	<b>4/9/24</b>	<b>4/10/24</b>	<b>4/11/24</b>	<b>4/12/24</b>
Breakfast Sandwich or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Pizza or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Scrambled eggs & links or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	French Toast Sticks with Syrup or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Cinnamon Roll or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
<b>4/15/24</b>	<b>4/16/24</b>	<b>4/17/24</b>	<b>4/18/24</b>	<b>4/19/24</b>
Funnel Cake or Assorted Cereals or Cereal Bar with Toast  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Pizza or Assorted Cereals or Cereal Bar with Toast  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Egg & Cheese Croissant or Assorted Cereals or Cereal Bar with Toast  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Apple Strudel or Assorted Cereals or Cereal Bar with Toast  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Blueberry Muffin or Assorted Cereals or Cereal Bar with Toast  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
<b>4/22/24</b>	<b>4/23/24</b>	<b>4/24/24</b>	<b>4/25/24</b>	<b>4/26/24</b>
Pancake & Sausage on a Stick or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Pizza or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Egg, Bacon & Cheese Sandwich or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	French Toast Sticks with Syrup or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Yogurt Parfaits or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
<b>4/29/24</b>	<b>4/30/24</b>	<b>5/1/24</b>	<b>5/2/24</b>	<b>5/3/24</b>
Donuts or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Pizza or Assorted Cereals or Cereal Bar with Toast  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Egg & Cheese Croissant or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Apple Strudel or Assorted Cereals or Cereal Bar with Toast  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Blueberry Muffin or Assorted Cereals or Cereal Bar with mini loaf  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk

**What is a Meal?**  
 You must choose at least 3 of the 4 components available for the school breakfast price.  
**Choice of: Grain or grain/protein**  
**Choice of fruit or vegetable (must take at least a 1/2 cup) and**  
**Choice of Milk - 1% white, 1% chocolate**  
**You must take at least 1/2 cup of fruit or vegetable**

**Whole Grain Cereal Selection May Include:**  
 Cinnamon Toast Crunch  
 Trix  
 Cocoa Puffs  
 Fruity Cheerios  
 Rice Crunch  
 Kix  
 Cheerios  
 Fruit Loops  
 Frosted Flakes  
**Served with Toast**

**Fruit May Include:**  
 Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

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**ALL STUDENT BREAKFASTS ARE FREE. Adult Breakfast \$2.35**

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