



# Shirley Twp. April 2025



# MOUNT UNION APRIL 2025 ELEMENTARY LUNCH MENU

## What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

**Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch**

Meat or meat alternate  
Choice of Vegetable  
Choice of Fruit  
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate

## Weekly Vegetable Subgroups May Include:

**Dark green** - spinach, broccoli, romaine and spring salad

**Red/Orange** - carrots, sweet potatoes, tomatoes, red peppers

**Beans/Peas**

**Starchy** - white potatoes, corn, and lima beans

**Other Vegetables:** celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

## Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

**LEAVE YOUR LUNCHBOX AT HOME!**

**DAILY ALTERNATES.**

**Fresh Entree Salad of the Week**



**Craveable of the Week, which could include:**

**Make your Own Pizza, Yogurt Cheese stick and Crackers, Breadstick Dipper, and Super Fruit.**

## Nutritious Friends

**Look for our Nutritious Friend of the Month on the menu!!  
This Month.....**

## All Student Lunches are Free

All a la carte and 2nd lunches are regular price  
Adult Lunch 4.75

Tina Werner, Food Service Director  
814-542-2518 #126 ma1037@metzcorp.com  
USDA is an equal opportunity provider and employer.

## Monday

## Tuesday

## Wednesday

## Thursday

## Pizza Friday!

1

Turkey Club

or

Chef's Choice

### Featured Veggies:

Seasoned Rice  
Cherry Tomatoes  
Choice of Fruit  
Choice of Milk

2

Chicken Alfredo  
with Breadstick  
or  
Corn Dog

### Featured Veggies:

Steamed Peas  
Carrot Sticks  
Choice of Fruit  
Choice of Milk

3

Cheese Steak  
On a Roll  
or  
Turkey & Cheese  
on a roll

### Featured Veggies:

Tater Tots  
Chic Pea Salad  
Choice of Fruit  
Choice of Milk

4

Pepperoni Pizza

or

Fish Nuggets w/ Roll

### Featured Veggies:

Baked Zucchini  
Steamed Carrots  
Choice of Fruit  
Choice of Milk

7

Chicken Nuggets  
w/ Roll  
or  
BBQ Rib Sandwich  
on a roll

### Featured Veggies:

Au Gratin Potatoes  
Red Pepper Strips  
Choice of Fruit  
Choice of Milk

8

Toasted  
Cheese Sandwich  
or  
Sloppy Joe  
on a Bun

### Featured Veggies:

Tomato Soup  
Celery Sticks  
Choice of Fruit  
Choice of Milk

9

Chicken & Waffles

or

Chef's Choice

### Featured Veggies:

Mashed Potatoes  
Steamed Corn  
Choice of Fruit  
Choice of Milk

10

Stromboli

or

Cheeseburger  
on a Bun

### Featured Veggies:

Steamed Broccoli  
Chic Pea Salad  
Choice of Fruit  
Choice of Milk

11

Cheese Pizza

or

Fish Sandwich  
on a Bun

### Featured Veggies:

Sweet Potatoes  
Cucumber Slices  
Choice of Fruit  
Choice of Milk

14

Pizza Casserole  
with a Garlicstick  
or  
Chef's Choice

### Featured Veggies:

Romaine Salad  
Tomato Wedges  
Choice of Fruit  
Choice of Milk

15

Ham & Cheese Sandwich  
on a Pretzel Roll  
or  
Pulled Pork  
on a roll

### Featured Veggies:

Chili  
Red Pepper Strips  
Choice of Fruit  
Choice of Milk

16

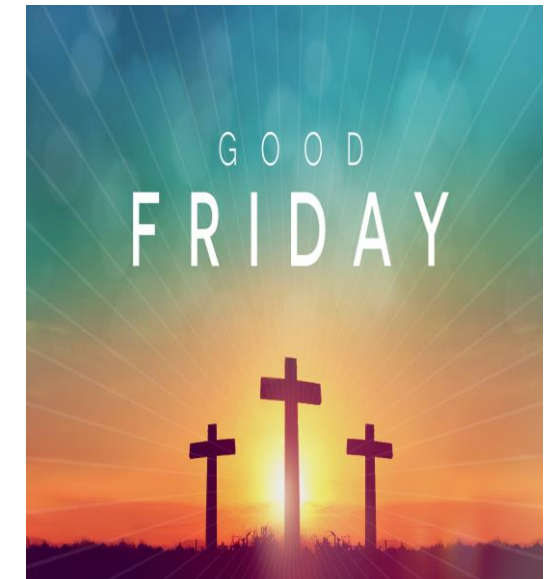
Easter Meal  
Baked Ham w/ Stuffing  
or  
Hot Dog  
on a roll

### Featured Veggies:

Mashed Potatoes  
Steamed Corn  
Choice of Fruit & Milk  
Easter Treat

17

No  
School



22

Toasted  
Cheese Sandwich  
or  
Hot dog  
On a roll

### Featured Veggies:

Tomato Soup  
Tater Tots  
Choice of Fruit  
Choice of Milk

23

Meatball Sub  
on a Roll  
or  
Turkey & Cheese Hoagie

### Featured Veggies:

Steamed Green Beans  
Tomato Wedges  
Choice of Fruit  
Choice of Milk

24

Corn Dog

or

Chicken Patty  
on a roll

### Featured Veggies:

Curly Fries  
Baked Beans  
Choice of Fruit  
Choice of Milk

25

Pepperoni Pizza

or

Cheeseburger  
On a Bun

### Featured Veggies:

Steamed Corn  
Fresh Broccoli  
Choice of Fruit  
Choice of Milk



28

Lasagna  
with a Garlicstick  
or  
Hot Dog  
on a Roll

### Featured Veggies:

Steamed Green Beans  
Broccoli  
Choice of Fruit  
Choice of Milk

29

Walking Taco  
or  
Turkey Ranch Wrap

### Featured Veggies:

Refried Beans  
Cherry Tomatoes  
Choice of Fruit  
Choice of Milk

30

Cheeseburger Macaroni  
w/ Dinner Roll

or

Chef's Choice

### Featured Veggies:

Steamed Peas  
Baby Carrots  
Choice of Fruit  
Choice of Milk