

Mount Union Elementary- May 2025

Monday	Tuesday	Wednesday	Thursday	Friday
			5/1/25	5/2/25
			Breakfast Sandwich or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Choc. Chip French Toast or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/5/25	5/6/25	5/7/25	5/8/25	5/9/25
French Toast or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Pizza or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Cinni Mini Rolls or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Egg, Sausage & Cheese on an English Muffin or Assorted Cereals or Cereal Bar with crackers Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Dutch Waffle or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/12/25	5/13/25	5/14/25	5/15/25	5/16/25
Pancake on a stick or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Pizza or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Blueberry Muffin or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Fr. Toast Sticks w/ Sausage or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Strawberry Cream Cheese Mini Bagels or Assorted Cereals or Cereal Bar with crackers Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/19/25	5/20/25	5/21/25	5/22/25	5/23/25
Sliced Banana Bread or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Breakfast Pizza or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Chocolate Donut or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Apple Strudel or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Dutch Waffle or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk
5/26/25	5/27/25	5/28/25		
	Breakfast Pizza or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk	Cherry Strudel or Assorted Cereals or Cereal Bar with crackers  Assorted 100% Fruit Juice & Assorted Fresh or Canned Fruit Choice of Milk		
ALL STUDENT BREAKFASTS ARE FREE. Adult Breakfast \$3.00				

**What is a Meal?**  
You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein  
Choice of fruit or vegetable (must take at least a 1/2 cup) and  
Choice of Milk - 1% white, Fat free chocolate

You must take at least 1/2 cup of fruit or vegetable

**Whole Grain Cereal Selection May Include:**  
Cinnamon Toast Crunch

Trix

Cocoa Puffs

Lucky Charms

Served with Crackers

**Fruit May Include:**  
Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

Tina Werner  
General Manager  
ma1037 @metzcorp.com  
814-542-2518 #126



USDA is an equal opportunity provider and employer.