

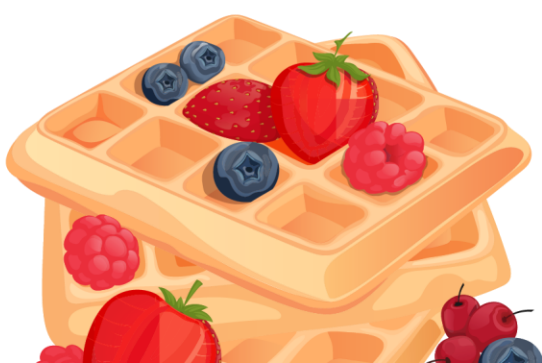
MU JR/SR High
Secondary Breakfast Menu

December 2025

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit or Vegetable - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals <i>(served with graham crackers)</i> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free chocolate,
1 No School	2 No School	3 Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers	4 French Toast Sticks with Sausage Assorted Cereals or Cereal Bar with Graham Crackers	5 Strawberries & Cream Smoothie Bowl with Graham Crackers Pancake on a Stick Assorted Cereals or Cereal Bar with Graham Crackers	
8 Donut Sticks Assorted Cereals or Cereal Bar with Graham Crackers	9 Egg, Sausage & Cheese Croissant Assorted Cereals or Cereal Bar with Graham Crackers	10 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	11 Bacon, Egg & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	12 Breakfast Scramble w/ Toast Blueberry Muffin Assorted Cereals or Cereal Bar with Graham Crackers	
15 Mini Cinni Rolls Assorted Cereals or Cereal Bar with Graham Crackers	16 Sausage, Egg & Cheese Biscuit Assorted Cereals or Cereal Bar with Graham Crackers	17 Powdered Donuts Assorted Cereals or Cereal Bar with Graham Crackers	18 Egg & Cheese Croissant Assorted Cereals or Cereal Bar with Graham Crackers	19 Breakfast Banana Split Banana Bread Assorted Cereals or Cereal Bar with Graham Crackers	
22 Mini Maple Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	23 Sausage, Egg & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	24 No School	25 Merry Christmas!	26 No School	
29 No School	30 No School	31 No School	1 Happy New Year!	2 No School	
MUASD Tina Werner, General Manager 814-542-2518 ext. 126 ma1037@metzcorp.com					Meal Prices Student Breakfast Free Extra Breakfast \$1.50 Faculty Breakfast \$3.00



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



Monday		Tuesday		Wednesday		Thursday		Friday		What is a Meal?	
										Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free chocolate Weekly Choices Include Specialty Pizza of the Week Specialty Sub of the Week Specialty Salad of the Week PB&J Craveable Pepperoni Pizza	
1		2		3		4		5			
				Penne Pasta Bake w/ Garlic Stick		Walking Taco		Double Cheeseburger on a Bun			
				Hawaiian Pork Sandwich on Toasted Ciabatta		Chicken, Bacon, Ranch Wrap		Buffalo Chicken Flatbread			
				FEATURED VEGGIES Green Beans Fresh Pineapple Slaw		FEATURED VEGGIES Refried Beans Fresh Cucumbers		FEATURED VEGGIES French Fries Caesar Salad			
											
8		9		10		11		12			
Chicken & Waffles		Grilled Ham & Cheese Sandwich		Pizza Casserole with Bread Stick		French Toast Sticks w/ Sausage		Nachos Grande			
Sloppy Joe on Brioche Bun		Classic Toasted Cheese Sandwich		BBQ Ribby on a Bun		Hot Sausage Sandwich		Chicken & Cheese Quesadilla			
FEATURED VEGGIES Mashed Potatoes Broccoli Salad		FEATURED VEGGIES Tomato Soup Celery Sticks		FEATURED VEGGIES Green Beans Broccoli Salad		FEATURED VEGGIES Tri Taters Tomato Mozzarella Salad		FEATURED VEGGIES Roasted BBQ Cauliflower Side Salad			
											
15		16		17		18		19			
Chicken Parmesan Sandwich on Toasted Rosemary Focaccia Roll		Pizza Burger		Holiday Meal		Hot Ham & Cheese Pretzel Melt		Buffalo Chicken over French Fries			
Corn Dog		Turkey, Bacon & Cheese Flatbread		Baked Ham w/ Stuffing Mashed Potatoes Gravy		Cheeseburger Sub		Italian Dunkers with Marinara			
FEATURED VEGGIES Sweet Potato Fries Cucumbers		FEATURED VEGGIES BBQ Baked Beans Coleslaw		FEATURED VEGGIES Corn Holiday Treat		FEATURED VEGGIES Steamed Broccoli Chickpea Salad		FEATURED VEGGIES Crinkle Cut Oven Fries Tomato Mozzarella Salad			
											
22		23		24		25		26			
Mac & Cheese with Bread Stick		Cheeseburger		No School		Merry Christmas!		No School			
Hot Dog		Sausage, Egg & Cheese Bagel									
FEATURED VEGGIES Steamed Peas Cucumber Salad		FEATURED VEGGIES Steamed Broccoli Cherry Tomatoes									
											
29		30		31		1		2			
No School		No School		No School		Happy New Year!		No School			
MUASD Tina Werner, General Manager 814-542-2518 ext. 126 ma1037@metzcorp.com Meal Prices Student Lunch Extra Lunch Faculty Lunch Free \$3.00 \$4.85  											

Meal Prices

Student Lunch	Free
Extra Lunch	\$3.00
Faculty Lunch	\$4.85

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

