



**Shirley Twp./Kistler**  
Elementary Breakfast Menu

# January 2026



**Meet Your Nutritious Friend:**  
**Brown Rice Besties**

Monday	Tuesday	Wednesday	Thursday	Friday	<b>What is a Meal?</b> Students must choose at least 3 of the 4 components available for the school breakfast price.  - Choice of Whole Grain - Choice of Protein - Choice of Fruit or Vegetable - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.  <b>Whole Grain Cereals</b> <i>(served with graham crackers)</i> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free chocolate,
29	30	31	1	2	
5	6	7	8	9	
Mini Blueberry Donut Holes  Assorted Cereals or Cereal Bar with Graham Crackers	Breakfast Pizza  Assorted Cereals or Cereal Bar with Graham Crackers	Egg & Cheese Croissant  Assorted Cereals or Cereal Bar with Graham Crackers	Chocolate Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	Pancake on a Stick  Assorted Cereals or Cereal Bar with Graham Crackers	
12	13	14	15	16	
Glazed Dunkin Sticks  Assorted Cereals or Cereal Bar with Graham Crackers	Sausage, Egg & Cheese Bagel  Assorted Cereals or Cereal Bar with Graham Crackers	Strawberries & Cream Smoothie Bowl with Graham Crackers  Assorted Cereals or Cereal Bar with Graham Crackers	French Toast Sticks with Sausage  Assorted Cereals or Cereal Bar with Graham Crackers	Dutch Waffle  Assorted Cereals or Cereal Bar with Graham Crackers	
19	20	21	22	23	
No School	Breakfast Pizza  Assorted Cereals or Cereal Bar with Graham Crackers	Egg, Sausage & Cheese Maple Flatbread  Assorted Cereals or Cereal Bar with Graham Crackers	Banana Bread  Assorted Cereals or Cereal Bar with Graham Crackers	Apple Strudel  Assorted Cereals or Cereal Bar with Graham Crackers	
26	27	28	29	30	
Cinnamon Rolls  Assorted Cereals or Cereal Bar with Graham Crackers	Cheesy Scrambled Eggs  Assorted Cereals or Cereal Bar with Graham Crackers	Donuts  Assorted Cereals or Cereal Bar with Graham Crackers	Chocolate Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	Breakfast Banana Split  Assorted Cereals or Cereal Bar with Graham Crackers	
<b>MUASD</b> <b>Tina Werner, General Manager</b> 814-542-2518 ext. 126 <a href="mailto:ma1037@metzcorp.com">ma1037@metzcorp.com</a>					
<b>Meal Prices</b> Student Breakfast      FREE Extra Breakfast        \$1.50 Faculty Breakfast       \$3.00					

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.