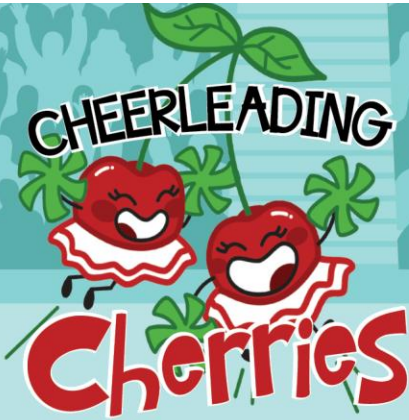


**Mount Union**  
Elementary Breakfast Menu

**February 2026**



**Meet Your Nutritious Friend:**  
Cheerleading Cherries

| Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | <b>What is a Meal?</b><br>Students must choose at least 3 of the 4 components available for the school breakfast price.<br>- Choice of Whole Grain<br>- Choice of Protein<br>- Choice of Fruit or Vegetable<br>- Choice of Milk<br><br>A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.<br><br><b>Whole Grain Cereals</b><br><i>(served with graham crackers)</i><br>Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios<br><br><b>Choice of Fruit</b><br>Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice<br><br><b>Choice of Milk</b><br>1% white, fat-free chocolate, |
|---|---|---|---|---|--|
| 2   | 3   | 4   | 5   | 6   |  |
| Mini Maple Pancakes   | Breakfast Pizza                                     | Egg, Sausage & Cheese Croissant                     | Chocolate Chip French Toast                         | Apple Strudel                                       |  |
| Assorted Cereals or Cereal Bar with Graham Crackers   | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers |  |
| 9   | 10  | 11  | 12  | 13  |  |
| Mini Cinni Rolls  | Banana Bread  | Scrambled Cheesy Eggs with Toast                    | French Toast Sticks with Sausage                    | Breakfast Sandwich                                  |  |
| Assorted Cereals or Cereal Bar with Graham Crackers   | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers |  |
| 16  | 17  | 18  | 19  | 20  |  |
| No School   | Mini Blueberry Donut Holes                          | Bacon, Egg & Cheese Croissant                       | Waffles with Syrup                                  | Breakfast Pizza                                     |  |
|   | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers |  |
| 23  | 24  | 25  | 26  | 27  |  |
| Donuts  | Breakfast Sandwich                                  | Breakfast Pizza                                     | French Toast Sticks with Sausage                    | Dutch Waffle  |  |
| Assorted Cereals or Cereal Bar with Graham Crackers   | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers | Assorted Cereals or Cereal Bar with Graham Crackers |  |
|   |   |   |   |   |  |
| <b>MUASD</b><br>Tina Werner, General Manager<br>814-542-2518 ext. 126<br><a href="mailto:ma1037@metzcorp.com">ma1037@metzcorp.com</a> |   |   |   |   | <b>Meal Prices</b><br>Student Breakfast      Free<br>Extra Breakfast      \$1.50<br>Faculty Breakfast      \$3.00  |

