



Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit or Vegetable - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Whole Grain Cereals <i>(served with graham crackers)</i> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free chocolate,
2 Mini Maple Pancakes Assorted Cereals or Cereal Bar with Graham Crackers	3 Egg, Sausage & Cheese Maple Flatbread Assorted Cereals or Cereal Bar with Graham Crackers	4 Chocolate Chip French Toast Assorted Cereals or Cereal Bar with Graham Crackers	5 Bacon, Egg & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	6 Apple Strudel Assorted Cereals or Cereal Bar with Graham Crackers	
9 Mini Cinni Rolls Assorted Cereals or Cereal Bar with Graham Crackers	10 Sausage, Egg & Cheese Croissant Assorted Cereals or Cereal Bar with Graham Crackers	11 Mini Blueberry Donut Holes Assorted Cereals or Cereal Bar with Graham Crackers	12 French Toast Sticks with Sausage Assorted Cereals or Cereal Bar with Graham Crackers	13 Pancake on a Stick Assorted Cereals or Cereal Bar with Graham Crackers	
16 No School	17 Breakfast Sandwich Assorted Cereals or Cereal Bar with Graham Crackers	18 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	19 Sausage, Egg & Cheese Bagel Assorted Cereals or Cereal Bar with Graham Crackers	20 Banana Bread Assorted Cereals or Cereal Bar with Graham Crackers	
23 Cinnamon Rolls Assorted Cereals or Cereal Bar with Graham Crackers	24 Bacon, Egg & Cheese Biscuit Assorted Cereals or Cereal Bar with Graham Crackers	25 Dutch Waffle Assorted Cereals or Cereal Bar with Graham Crackers	26 Donuts Assorted Cereals or Cereal Bar with Graham Crackers	27 Breakfast Pizza Assorted Cereals or Cereal Bar with Graham Crackers	
<div> <div> MUASD Tina Werner, General Manager 814-542-2518 ext. 126 ma1037@metzcorp.com </div> <div> Meal Prices Student Breakfast Free Reduced Breakfast \$1.50 Faculty Breakfast \$3.00 </div> <div>  </div> </div>					

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

