

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal?
<b>2</b> General Tso's Chicken over Rice Cheeseburger <b>FEATURED VEGGIES</b> Steamed Rice Cucumber Salad	<b>3</b> Turkey Club Sloppy Joe <b>FEATURED VEGGIES</b> Chicken Noodle Soup Baby Carrots	<b>4</b> Mashed Potato Bowl with Breadstick Corn Dog <b>FEATURED VEGGIES</b> Corn Cucumber & Tomato Salad	<b>5</b> Grilled Ham & Cheese Sandwich Classic Toasted Cheese Sandwich <b>FEATURED VEGGIES</b> Tomato Soup Celery Sticks	<b>6</b> Buffalo Chicken Dip over Fries Beef & Cheese Burrito <b>FEATURED VEGGIES</b> French Fries Broccoli Salad	Students must choose at least 3 of the 5 components available for the school lunch price. <ul style="list-style-type: none"><li>- Choice of Whole Grain</li><li>- Choice of Protein</li><li>- Choice of Vegetable</li><li>- Choice of Fruit</li><li>- Choice of Milk</li></ul> A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.
<b>9</b> Chicken Alfredo with Breadstick Turkey, Bacon & Cheese Flatbread <b>FEATURED VEGGIES</b> Steamed Peas Baby Carrots	<b>10</b> Nachos Grande over Tortilla Chips Chicken Quesadilla <b>FEATURED VEGGIES</b> Refried Beans Strawberry Spinach Salad	<b>11</b> Chicken & Waffles Bacon Cheeseburger <b>FEATURED VEGGIES</b> Mashed Potatoes Sliced Cucumbers	<b>12</b> Hot Ham & Cheese Pretzel Beef Taco <b>FEATURED VEGGIES</b> Crinkle Cut Oven Fries Fresh Grape Tomatoes	<b>13</b> Chicken Patty Breakfast Sandwich <b>FEATURED VEGGIES</b> Roasted Sweet Potato Chickpea Salad	<b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables
<b>16</b> No School	<b>17</b> Walking Taco Buffalo Chicken Flatbread <b>FEATURED VEGGIES</b> Seasoned Rice Fresh Broccoli	<b>18</b> Pizza Casserole with Breadstick Cowboy Burger <b>FEATURED VEGGIES</b> Green Beans Side Salad	<b>19</b> Stromboli with Sauce Corn Dog <b>FEATURED VEGGIES</b> Cheesy Broccoli Tomato Mozzarella Salad	<b>20</b> Buffalo Chicken Dip with Tortilla Chips Turkey Hoagie <b>FEATURED VEGGIES</b> Tater Tots Baby Carrots	<b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice
<b>23</b> Penne Pasta Bake with Breadstick Ham & Cheese Croissant <b>FEATURED VEGGIES</b> Steamed Peas Tomato Mozzarella Salad	<b>24</b> Toasted Cheese Sandwich Chicken, Bacon, Ranch Wrap <b>FEATURED VEGGIES</b> Tomato Soup Celery Sticks	<b>25</b> Chicken Parm over Spaghetti with Breadstick Double Cheeseburger <b>FEATURED VEGGIES</b> Green Beans Tossed Salad	<b>26</b> Pepperoni Pizza Flatbread Italian Dunkers with Sauce <b>FEATURED VEGGIES</b> French Fries Fresh Cucumbers	<b>27</b> Fish Sandwich Turkey Club Hoagie <b>FEATURED VEGGIES</b> Cheesy Broccoli Baby Carrots	<b>Choice of Milk</b> 1% white, fat-free chocolate,
					<b>Daily Alternates</b> Fresh Entree Salad of the Week Craveables Weekly Cold Cut Sandwiches & Wraps Weekly Pizza Specials PB&J
<b>MUASD</b> Tina Werner, General Manager 814-542-2518 ext. 126 <a href="mailto:ma1037@metzcorp.com">ma1037@metzcorp.com</a>	<b>Meal Prices</b> Student Lunch Extra Lunch Faculty Lunch Free \$3.00 \$4.85				 

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

