

Monday	Tuesday	Wednesday	Thursday	Friday	<b>What is a Meal?</b> Students must choose at least 3 of the 4 components available for the school breakfast price. - Choice of Whole Grain - Choice of Protein - Choice of Fruit or Vegetable - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.  <b>Whole Grain Cereals</b> <i>(served with graham crackers)</i> Cinnamon Toast Crunch, Trix, Cocoa Puffs, Lucky Charms, Froot Loops, Cheerios  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free chocolate,
<b>2</b>  Mini Confetti Pancakes  Assorted Cereals or Cereal Bar with Graham Crackers	<b>3</b>  Sausage, Egg & Cheese Bagel  Assorted Cereals or Cereal Bar with Graham Crackers	<b>4</b>  Chocolate Chip French Toast  Assorted Cereals or Cereal Bar with Graham Crackers	<b>5</b>  Bacon, Egg & Cheese Croissant  Assorted Cereals or Cereal Bar with Graham Crackers	<b>6</b>  Chocolate Muffins  Assorted Cereals or Cereal Bar with Graham Crackers	
<b>9</b>  Mini Cinni Rolls  Assorted Cereals or Cereal Bar with Graham Crackers	<b>10</b>  Ham, Egg & Cheese on a Maple Flatbread  Assorted Cereals or Cereal Bar with Graham Crackers	<b>11</b>  Breakfast Pizza  Assorted Cereals or Cereal Bar with Graham Crackers	<b>12</b>  French Toast Sticks with Sausage  Assorted Cereals or Cereal Bar with Graham Crackers	<b>13</b>  No School	
<b>16</b>  Assorted Donuts  Assorted Cereals or Cereal Bar with Graham Crackers	<b>17</b>  Breakfast Sandwich  Assorted Cereals or Cereal Bar with Graham Crackers	<b>18</b>  Banana Muffin  Assorted Cereals or Cereal Bar with Graham Crackers	<b>19</b>  Bacon, Egg & Cheese Biscuit  Assorted Cereals or Cereal Bar with Graham Crackers	<b>20</b>  Pancake on a Stick  Assorted Cereals or Cereal Bar with Graham Crackers	
<b>23</b>  Sliced Banana Bread  Assorted Cereals or Cereal Bar with Graham Crackers	<b>24</b>  Sausage, Egg & Cheese Croissant  Assorted Cereals or Cereal Bar with Graham Crackers	<b>25</b>  Cinnamon Roll  Assorted Cereals or Cereal Bar with Graham Crackers	<b>26</b>  Breakfast Sandwich  Assorted Cereals or Cereal Bar with Graham Crackers	<b>27</b>  Dutch Waffle  Assorted Cereals or Cereal Bar with Graham Crackers	
<b>30</b>  Glazed Donuts  Assorted Cereals or Cereal Bar with Graham Crackers	<b>31</b>  Breakfast Pizza  Assorted Cereals or Cereal Bar with Graham Crackers				
<b>MUASD</b> Tina Werner, General Manager 814-542-2518 ext. 126 <a href="mailto:ma1037@metzcorp.com">ma1037@metzcorp.com</a>		<b>Meal Prices</b> Student Breakfast                      Free Extra Breakfast                         \$1.50 Faculty Breakfast                        \$3.00			

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

