Mount Union Jr./Sr. High
Lunch Menu

May 2026

Monday	Tuesday	Wednesday	Thursday	Friday
bravo! .				
				1 Turkey & Cheese Hoagie Chicken Quesadilla **FEATURED VEGGIES** Steamed Rice Tomato Wedges
bravo!				
4 Pizza Casserole Sloppy Joe **FEATURED VEGGIES** Green Beans Cucumber Salad	**5** Nachos Grande with Tortilla Chips Ham & Cheese Hoagie **FEATURED VEGGIES** Seasoned Rice Churro	**6** Mac & Cheese with Dinner Roll Bacon Cheeseburger **FEATURED VEGGIES** Steamed Peas Cucumber & Tomato Salad	**7** Grilled Ham & Cheese Sandwich Classic Toasted Cheese Sandwich **FEATURED VEGGIES** Tomato Soup Celery Sticks	**8** Buffalo Chicken & Cheese Flatbread Italian Dunkers **FEATURED VEGGIES** Steamed Corn Broccoli Salad
bravo!				
11 Chicken Alfredo with Breadstick Turkey & Cheese on a Croissant **FEATURED VEGGIES** Steamed Peas Baby Carrots	**12** Ham & Cheese on a Pretzel Roll Beef Burrito **FEATURED VEGGIES** Curly Fries Celery Sticks	**13** Mashed Potato Bowl with Dinner Roll Cheeseburger **FEATURED VEGGIES** Mashed Potatoes Sliced Cucumbers	**14** Stromboli with Sauce Corn Dog **FEATURED VEGGIES** Cheesy Broccoli Fresh Grape Tomatoes	**15** Buffalo Chicken over Fries Ham & Cheese Hoagie **FEATURED VEGGIES** Green Beans Chickpea Salad
bravo!				
18 Chef's Choice **FEATURED VEGGIES** Steamed Corn Baby Carrots	**19** Chef's Choice **FEATURED VEGGIES** Sesame Green Beans Cucumbers	**20** Chef's Choice **FEATURED VEGGIES** BBQ Baked Beans Tomato Wedges	**21** Chef's Choice **FEATURED VEGGIES** Steamed Broccoli Celery Sticks	**22** Chef's Choice **FEATURED VEGGIES** Lemon-Parmesan Broccoli Baby Carrots
bravo!				
25	**26**	**27**	**28**	**29**

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

Daily Alternates

Fresh Entree Salad of the Week

PB&J Craveables

Weekly Cold Cut Sandwiches & Wraps

Specialty Pizza of the Week

Pepperoni Pizza Served Daily

(V) Vegetarian
These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg

(VG) Vegan
These items do not contain any animal products

MUASD
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Meal Prices

Student Lunch	Free
Extra Lunch	$3.00
Faculty Lunch	$4.85

Metz Culinary Management Environmental Services

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.