

**BABY**



**Black Bean**

**Meet Your Nutritious Friend:  
Baby Black Bean**

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Cheeseburger</p> <p>Chili Cheese Hot Dog</p> <p><b>FEATURED VEGGIES</b> Cheesy Broccoli Carrot Sticks</p>	<p>2</p> <p><b>Easter Dinner</b> Baked Ham with Stuffing Mashed Potatoes</p> <p><b>FEATURED VEGGIES</b> Steamed Corn Easter Treat</p>	<p>3</p> <p><b>No School</b></p>
<p>6</p> <p><b>No School</b></p>	<p>7</p> <p>Toasted Cheese</p> <p>Turkey Hoagie</p> <p><b>FEATURED VEGGIES</b> Tomato Soup Lettuce &amp; Tomato</p>	<p>8</p> <p>Beefaroni with Breadstick</p> <p>Corn Dog</p> <p><b>FEATURED VEGGIES</b> Steamed Green Beans Side Salad</p>	<p>9</p> <p>Italian Super Sub</p> <p>Buffalo Chicken Flatbread</p> <p><b>FEATURED VEGGIES</b> Curly Fries Cucumbers</p>	<p>10</p> <p>Cheese Pizza</p> <p>Turkey Ranch Wrap</p> <p><b>FEATURED VEGGIES</b> Baked Beans Fresh Broccoli</p>
<p>13</p> <p>Chicken Alfredo with Breadstick</p> <p>BBQ Ribby</p> <p><b>FEATURED VEGGIES</b> Steamed Peas Baby Carrots</p>	<p>14</p> <p>Walking Taco with Pretzel Stick</p> <p>Chicken Quesadilla</p> <p><b>FEATURED VEGGIES</b> Refried Beans Fresh Broccoli</p>	<p>15</p> <p>Chicken &amp; Waffles</p> <p>Cowboy Burger</p> <p><b>FEATURED VEGGIES</b> Mashed Potatoes Cherry Tomatoes</p>	<p>16</p> <p>Buffalo Chicken over Fries</p> <p>Pizza Bagel</p> <p><b>FEATURED VEGGIES</b> French Fries Red Pepper Strips</p>	<p>17</p> <p>Pepperoni Pizza</p> <p>Smothered Pierogies</p> <p><b>FEATURED VEGGIES</b> Steamed Corn Cucumber Slices</p>
<p>20</p> <p>Mac &amp; Cheese with Roll</p> <p>Turkey &amp; Cheese Croissant</p> <p><b>FEATURED VEGGIES</b> Steamed Peas Cucumber Slices</p>	<p>21</p> <p>Toasted Cheese</p> <p>Bacon Cheeseburger</p> <p><b>FEATURED VEGGIES</b> Tomato Soup Fresh Cauliflower</p>	<p>22</p> <p>Pizza Casserole with Breadstick</p> <p>Sloppy Joe</p> <p><b>FEATURED VEGGIES</b> Steamed Green Beans Green Peppers</p>	<p>23</p> <p>Stromboli with Sauce</p> <p>Hot Dog</p> <p><b>FEATURED VEGGIES</b> Cheesy Broccoli Tomato Wedges</p>	<p>24</p> <p>Cheesy Pizza</p> <p>Italian Dunkers</p> <p><b>FEATURED VEGGIES</b> Baked Beans Baby Carrots</p>
<p>27</p> <p>Chicken Mashed Potato Bowl with Roll</p> <p>Hot Ham &amp; Cheese Croissant</p> <p><b>FEATURED VEGGIES</b> Mashed Potatoes Baby Carrots</p>	<p>28</p> <p>Turkey Club</p> <p>Chicken, Bacon, Ranch Wrap</p> <p><b>FEATURED VEGGIES</b> Chicken Noodle Soup Cherry Tomatoes</p>	<p>29</p> <p>Baked Ziti with Breadstick</p> <p>Cheeseburger</p> <p><b>FEATURED VEGGIES</b> Steamed Green Beans Fresh Cucumber Slices</p>	<p>30</p> <p>Nachos Grande</p> <p>Turkey, Bacon, Cheese Flatbread</p> <p><b>FEATURED VEGGIES</b> Tater Tots Romaine Salad</p>	

### What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

### Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

### Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

### Choice of Milk

1% white, fat-free chocolate, fat-free strawberry

### Daily Alternates

Fresh Entree Salad of the Week  
Craveables

Weekly Cold Cut Sandwiches & Wraps

### Weekly Craveables:

**Week 1. Walking Taco Craveable**

**Week 2. Pizza Craveable**

**Week 3. Nacho Craveable**

**Week 4. Breadstick Craveable**

**Week 5. Yogurt Craveable**

### MUASD

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### Meal Prices

Student Lunch	Free
Extra Lunch	\$3.00
Faculty Lunch	\$4.85



**Metz**  
CULINARY MANAGEMENT  
ENVIRONMENTAL SERVICES