

Mount Union JR./SR. High BREAKFAST MENU



August 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

4

5

6

7

10

11

12

13

14

17

18

19

Egg, Sausage & Cheese
Maple Flatbread

20

Chocolate Chip
French Toast

21

Apple Strudel

24

Mini Cinni Rolls

25

Breakfast Pizza

26

Apple Pie Smoothie Bowl
with Graham Crackers

27

French Toast Sticks
with Sausage Links

28

Breakfast Banana Split

31

Mini Blueberry
Donut Holes

MAKE IT A MEAL!

Choose at least 3 of 4 meal components for the school breakfast price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	Free
Adult	\$3.00

Available Daily

Parfaits
Assorted Muffins
Assorted Donuts
Assorted Sandwiches
Assorted Pop Tart
Assorted cereals and cereal bars

Fruit Selection

Assorted Fresh Fruits
Assorted Canned Fruits
Students may choose two ½ cup servings.

Milk Selection

1% White Milk, Fat Free Chocolate Milk

MUASD

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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

