

## Mount Union JR./SR. High BREAKFAST MENU

# September 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

31

Mini Blueberry  
Donut Holes

1

Breakfast Pizza

2

Egg & Cheese Croissant

3

Chocolate Chip  
French Toast

4

Banana Bread

7

No  
School

8

Bacon, Egg & Cheese  
Bagel Sandwich

9

Pancake on a Stick

10

French Toast Sticks  
with Sausage Links

11

Dutch Waffle

14

Mini Maple Pancakes

15

Ham, Egg & Cheese  
Croissant

16

Chocolate Chip  
French Toast

17

Breakfast Taco

18

Apple Strudel

21

Sausage, Egg & Cheese  
Croissant

22

Mini Cinni Waffles

23

Breakfast Chicken & Biscuit  
Sandwich

24

French Toast Sticks  
with Sausage Links

25

Breakfast Banana Split

28

Mini Confetti Pancakes

29

Egg, Sausage & Cheese Maple  
Flatbread

30

Breakfast Piza

### MAKE IT A MEAL!

Choose at least 3 of 4 meal components for the school breakfast price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

### Breakfast Prices

|         |        |
|---------|--------|
| Student | Free   |
| Adult   | \$3.00 |

### Available Daily

Parfaits  
Assorted Muffins  
Assorted Donuts  
Assorted Sandwiches  
Assorted Pop Tarts  
Assorted cereals and cereal bars

### Fruit Selection

Assorted Fruits and Fruit Juices

Students may choose two ½ cup servings.

### Milk Selection

1% White Milk, Fat-Free Chocolate Milk

### MUASD

Tina Werner  
General Manager  
(814) 542-2518 ext. 126  
Tina.werner@metzcorp.com

(V) Vegetarian | (VG) Vegan  
(GF) Gluten-Free | (H) Halal



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

