

Mount Union JR./SR. High BREAKFAST MENU

October 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

			1 Chocolate Chip French Toast	2 Apple Strudel
5 Mini Cinni Rolls	6 Sausage, Egg & Cheese Croissant	7 Mini Blueberry Donut Holes	8 Ham, Egg & Cheese Bagel	9 Banana Bread
12 NO SCHOOL	13 Breakfast Taco	14 Chocolate Chip French Toast	15 Bacon, Egg & Cheese Croissant	16 Breakfast Pizza
19 Donuts	20 Ham, Egg & Cheese Flatbread	21 Mini Confetti Pancakes	22 French Toast Sticks with Syrup	23 Dutch Waffle
26 Mini Maple Pancakes	27 Sausage, Egg & Cheese Maple Flatbread	28 Chocolate Chip French Toast	29 Chicken & Biscuit Sandwich	30 Apple Strudel

MAKE IT A MEAL!

Choose at least 3 of 4 meal components for the school breakfast price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student FREE
Adult \$3.00

Available Daily

Parfaits
Assorted Muffins
Assorted Donuts
Assorted cereals and cereal bars
Assorted Pop Tarts

Fruit Selection

Assorted Fruits & Fruit Juices

Students may choose two ½ cup servings.

Milk Selection

1% White Milk, Fat-Free Chocolate Milk

MUASD

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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

