

October 2026



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1
Ham & Cheese Croissant

2
Buffalo Chicken Flatbread

Hash Brown Potato
Baby Carrots

Roasted Zucchini
Red Pepper Strips

Daily Offerings: Chef Salad with Dinner Roll | Turkey Super Sub

5
Chicken Nuggets with Roll

6
Toasted Cheese Sandwich

7
Chicken Alfredo with Breadstick

8
Cowboy Burger

9
BBQ Chicken, Bacon, Cheddar Flatbread

Oven Fries
Baby Carrots

Tomato Soup
Caesar Salad

Steamed Peas
Green Pepper Strips

Baked Beans
Cherry Tomatoes

Roasted Sweet Potatoes
Cucumber Slices

Daily Offerings: Crispy Chicken Salad with Dinner Roll | Turkey Ranch Wrap

12
NO
SCHOOL

13
Chicken & Cheese Quesadilla

14
Sweet & Sour Chicken over Rice

15
Italian Toaster Sandwich with Sauce

16
Buffalo Chicken Dip with Tortilla Chips

Steamed Corn
Cucumbers

Glazed Carrots
Fresh Broccoli

Tater Tots
Tossed Salad

Oven Roasted Zucchini
Chickpeas

Daily Offerings: Taco Salad with Dinner Roll | Italian Sub

19
Pasta with Meat Sauce

20
Bacon Cheeseburger

21
Mac & Cheese with Dinner Roll

22
Stromboli with Sauce

23
Italian Dunkers with Marinara

Zesty Country Green Beans
Cucumber Slices

BBQ Baked Beans
Lettuce & Tomato

Steamed Peas
Baby Carrots

Cheesy Broccoli
Celery Sticks

Steamed Corn
Green Pepper Strips

Daily Offerings: Chef Salad with Dinner Roll | Turkey & Cheese Pretzel Sandwich

26
Pizza Casserole

27
Walking Taco with Pretzel Stick

28
Chicken Mashed Potato Bowl with Dinner Roll

29
Grilled Ham & Cheese Sandwich

30
Garlic Pepperoni Pizza
Griller Sandwich with Marinara

Steamed Green Beans
Chickpea Salad

Seasoned Black Beans
Garden Side Salad

Mashed Potatoes
Celery Sticks with Ranch

Tomato Soup
Baby Carrots

Steamed Carrots
Green Pepper Strips

Daily Offerings: Crispy Chicken Salad | Ham & Cheese Sub

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student FREE
Adult \$5.05

Available Daily

Chef Fresh Item of the Week
PB&J Craveable
Yogurt Craveable
Assorted Pizza Daily
Specialty Salad Weekly

Fruit & Veggie Selection

Assorted Fruits & Veggies Daily

Students may choose two ½ cup servings.

Milk Selection

1% White Milk, Fat-Free Chocolate Milk

MUASD

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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

