Mount Union JR./SR. High BREAKFAST MENU



November 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Mini Cinni Rolls	**3** Sausage, Egg & Cheese Bagel	**4** Banana Bread	**5** Bacon, Egg & Cheese Croissant	**6** Breakfast Pizza
9 Mini Maple Pancakes	**10** Ham, Egg & Cheese on an English Muffin	**11** Apple Strudel	**12** Egg, Sausage & Cheese Maple Flatbread	**13**
16 Chocolate Chip French Toast	**17** Bacon, Egg & Cheese Biscuit	**18** Mini Cinni Rolls	**19** Breakfast Taco	**20** Breakfast Pizza
23 Mini Blueberry Donut Holes	**24** Sausage, Egg & Cheese Croissant			

MAKE IT A MEAL!
Choose at least 3 of 4 meal components for the school breakfast price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a breakfast.

Breakfast Prices

Student	Free
Adult	$3.00

Available Daily
Assorted Muffins
Assorted Donuts
Assorted Sandwiches
Assorted Pop Tarts
Assorted cereals and cereal bars

Fruit Selection
Assorted Fruits and Fruit Juices

Students may choose up to two ½ cup servings of fruit.

Milk Selection
1% White Milk, Fat-Free Chocolate Milk

MUASD
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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Metz
CULINARY MANAGEMENT
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