Mount Union JR./SR. High LUNCH MENU

November 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken & Cheese Quesadilla **Steamed Corn** **Cucumber Slices**	**3** Italian Toaster Sandwich **Tater Tots** **Side Salad**	**4** Spaghetti & Meatballs with Breadstick **Steamed Green Beans** **Carrot Sticks**	**5** Monte Cristo **Baked Beans** **Celery Sticks**	**6** Buffalo Chicken Flatbread **Mixed Veggies** **Fresh Broccoli**
Daily Offerings: Chef Salad with Dinner Roll | Turkey, Ranch Wrap				
9 Pulled Pork Sandwich **Steamed Broccoli** **Romaine Salad**	**10** Beef Enchilada **Seasoned Black Beans** **Tomato Salad**	**11** Mac & Cheese with Dinner Roll **Steamed Peas** **Fresh Cucumber Slices**	**12** Chicken Patty **Steamed Carrots** **Baby Carrots**	**13**
Daily Offerings: Crispy Chicken Salad with Dinner Roll | Hoagie Dip				
16 Chicken Nuggets with Roll **Oven Fries** **Baby Carrots**	**17** Toasted Cheese **Tomato Soup** **Tossed Salad**	**18** Cowboy Burger **Baked Beans** **Green Pepper Strips**	**19** **Thanksgiving Dinner** Roast Turkey Stuffing Mashed Potatoes Corn Dessert	**20** Max Pizza Sticks with Dipping Sauce (V) **Steamed Peas** **Cucumber Slices**
Daily Offerings: Chef Salad with Dinner Roll | Turkey, Cheddar & Bacon Flatbread				
23 Chicken & Waffles **Mashed Potatoes** **Broccoli**	**24** Cheeseburger **Mixed Veggies** **Baby Carrots**	**25**	**26**	**27**
Daily Offerings: Taco Salad with Dinner Roll | Chicken, Bacon, Cheddar Wrap				
30				

MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:
Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a lunch.

Lunch Prices

Student	Free
Adult	$5.05

Available Daily

Chef Fresh Item of the Week
Craveable of the Week
PB&J Craveable
Pizza

Fruit & Veggie Selection

Assorted Fruits & Veggies Daily

Students may choose up to two ½ cup servings of fruits and vegetables.

Milk Selection

1% White Milk, Fat-Free Chocolate Milk

MUASD

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(V) Vegetarian | (VG) Vegan
(GF) Gluten-Free | (H) Halal

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

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CULINARY MANAGEMENT
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